

2000 Lifestyles

Free

Vol. 18 Issue 10

October 2017

**Look Inside for:
Local Calendar of Events
History Notebook
Omarr's Astrological Forecast**

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Lifestyles 2000

October 2017
Vol. 18 • Issue 10
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& Clyde, Denny's, Frisch's, The Garrison, Bassett's,
Kroger's and Clyde Drug Mart*

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Omarr's Astrological Forecast

By Jeraldine Saunders

ARIES (March 21-April 19): Avoid taking action on a passing distraction. A temptation to follow misplaced sympathies could stir you. It is not a good idea to be taken in by those who would like to enlist you in their intrigues.

TAURUS (April 20-May 20): Nick negativity in the bud. You can be a realist without being a pessimist. In the month ahead you may be called upon to participate in group activities or make new contacts within the workplace environment.

GEMINI (May 21-June 20): Turn on the low beams. You may feel somewhat mystified by a situation, or feel that others do not understand you, but this temporary fog will dissipate. In the month to come new friends could uplift your spirits.

CANCER (June 21-July 22): Your focus may be on hocus pocus in the month ahead. Hold onto your money if a spin doctor tries to sell you something. You may feel that someone is not being truthful or think someone is better than they are.

LEO (July 23-Aug. 22): Focus on friendliness. Relationships will run smoothly if you use your best manners in the month to come. You may be surprised to receive help from the least expected sources, but might only hear what you want to hear.

VIRGO (Aug. 23-Sept. 22): You may be in collusion with your own delusion. Don't make any crucial decisions or start a new enterprise until after the middle of the month. Use keen powers of observation to avoid making a monetary mistake.

LIBRA (Sept. 23-Oct. 22): You may be able to see improvements that are needed in the month ahead. At the same time you must fight off the urge to be argumentative. Set a good example rather than forcing others to accept your views.

SCORPIO (Oct. 23-Nov. 21): Get the best bang for your buck. In the upcoming month be creative about finding ways to ensure your long term security. Steer clear of get rich schemes. Focus on thrift, conserving resources and economical thinking.

SAGITTARIUS (Nov. 22-Dec. 21): Tricks are for kids. Steer clear of tricky situations this month. You are usually alert to fraudulent people and situations but could be suckered in by a sob story or caught up in the problems of others.

CAPRICORN (Dec. 22-Jan. 19): Some ideas may seem plausible but simply aren't possible. In the month ahead you may be ambitious to get ahead and may easily be attracted to a get-rich scheme. Steer clear of anything that seems too good to be true.

AQUARIUS (Jan. 20-Feb. 18): The truth may be obscured. Don't trust your intuitions in the month ahead when money is concerned. There may be opportunities to reflect deeply upon your dreams and to join others for inspirational discussions.

PISCES (Feb. 19-March 20): Miscommunications could cause hurt feelings. Don't let them turn into a stumbling block as this month unfolds. Speak with a little more warmth to reassure others and show respect for your partner.

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For advertising and general information call, 419-334-3602, or email lifestyles2000@sbcglobal.net

Camera ready ads can be taken up until the 20th monthly; if approval artwork is needed, please contact us no later than the 15th monthly. Press releases and events are to be emailed to lifestyles2000@sbcglobal.net by the 20th monthly, sorry, we cannot return phone calls and we will do our best to print those received. We cannot run fliers, please write up your event and we will include "In Your Own Backyard" Please make sure ALL info is correct before sending.

Lifestyles 2000 is a monthly publication available free of charge at over 200 retail locations in Sandusky, Ottawa and Erie counties.

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Mission Statement: Lifestyles 2000 is a monthly resource guide of northwest Ohio area events presented in an attractive format with entertaining and educational articles suited to fit your "lifestyle."

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Lifestyles 2000
30 Ponds Side Drive
Fremont, OH 43420

Publisher's Letter

Welcome to our October issue!



We are delighted to have an article by Nan Card this month, she has been busy at the Hayes Center and has finally found time to write one of our favorite columns, History Notebook. The calendar of events is filled with things going on in October, so check it out.

Enjoy the beautiful fall weather. Happy Halloween!

Joanne



Over 125 entries that were correct for September, the correct answer was Women's Health Specialists.

Find Pete Winners

Winners are: Cindy Frantz, Hannah Foos, John McKnight, Steve Billow, Gina Grove, Jerry Forsyth, Lesley Wadsworth, Rachel Wilhelm, Fremont; Joel Bickhart, Brooke Franks, Bellevue; Virginia Berlekamp, Patti Webb, Green Springs; Susan Baker, Gibsonburg; Jacque DeFriece, Vickery; Vickie Maines, Marvin Boyd, Theresa Chagnon, Abby Silva, Starla Bentley, Clyde; Carmella Hartenstein, Tiffin. Congrats to our winners.

Find Pete Prizes

Prizes are from Dairy Queen, Fastraxx, Let's Eat at Byron's and Jenesis Salon in Fremont. The Calico Cat and Legends in Clyde, Smokey's in Republic and Old Fort Market in Old Fort. If you wish a specific prize, please list in your entry.

Find Pete Contest Rules

To enter send the name of the ad on a 3x5 card or paper to: Lifestyles Contest, 30 Ponds Side Drive, Fremont, OH 43420. Your name and address must be included. You may email your entry to: lifestyles2000@sbcglobal.net, please include your name and address in the email. One entry per household. **Deadline is the 20th monthly.** Please do not send us the ad.



Since 1775 the Marine Corps has defended freedom and democracy – a duty they have fulfilled with honor, courage, and commitment. As they have fulfilled that duty, Marines have earned a well-deserved reputation for toughness.

But there's another side to the Marine Corps – the side that springs from a genuine concern for the communities in which they live, and a deep compassion for the under-privileged children of America. That's the side that exemplifies the spirit of the Marine Corps. That side is founded in the U.S. Marine Corps Reserve Toys for Tots Program.

For the past 20 years this has been a very active program here in Sandusky County. Working with the United Way and the Community Christmas Program the local Toys for Tots Program has supplied thousands of toys to the children of Sandusky County.

If you are aware of a family needing help this coming Christmas season Contact United Way of Sandusky County, or your local library for an application for Community Christmas. Community Christmas Supplies food, clothing, and, of course, with the help of Russel Mook Detachment of the Marine Corp League, lots and lots of toys.

The mission of the U. S. Marine Corps Reserve Toys for Tots Program is to collect new, unwrapped toys during October, November, and December each year, and distribute those toys as Christmas gifts to less fortunate children in the community in which the campaign is conducted.

Locally with the great support of this community Toys for Tots has been able to collect enough toys that no child has been turned away. Families that need help this season need to complete an application before December 1st for the Community Christmas Program.

What began in December in 1947 with a hand crafted doll delivered to a needy child has grown to supplying toys to more than 230,000,000 children, they have found what children need. Well, I submit that the Marines Corps discovered the answer over 60 years ago. The answer is "HOPE". Think about it, how many times can a child miss out on the simple joy of a toy at Christmas before he or she begins to lose all hope. We know from the smiles on children's faces and from the grateful appreciation of their parents, that the simple gift of a shiny, new toy – something that many take for granted – can make a difference in the life of a child. HOPE is the Key, and HOPE is what the Marine Corps Reserve is giving to needy children through the Toys for Tots program.

**What is the question? This bit is a little awkward, but the rest is great!!*



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One Year Later

"Amelia!" The little white hen spotted us and ran up to the fence. I leaned over and gave her a few black oil sunflower seeds—a special treat for her. What a difference a year makes! Last year at this time we were fighting to rehabilitate her; she was the little chicken who had been viciously attacked by a mink. It was "touch-and-go" for a while, but with encouraging words from our vet, love and support from friends, our own stubborn efforts, and Amelia's determination to live, we pulled her through. Although there were no wounds, she'd been

and respect him and we've become quite fond of him. He takes his duties very seriously—even crowing to wake us at dawn. As rooster protector-provider, he warns the flock of danger and he finds food for them—but then he chases them away and eats it himself. He still needs a little work on that.



Willie

We'd like to close with a "Thank You" to the lady from Helena who took the time to send us the very nice card to tell us how much she enjoys our stories. We really appreciate your thoughtfulness. We love sharing our experiences with others—it's an added bonus when someone tells us they enjoy reading our column.

Have a safe and happy Halloween!

Live Your Dream Education and Training Awards for Women

The Soroptimist Club of Fremont, Ohio will be awarding the Live Your Dream Award to a local woman. This award of \$599 will assist a woman who provides the primary source of financial support for their family by giving her the resources she needs to improve her education, skills and employment prospects.

Live Your Dream Awards recipients may use the cash award to offset any costs associated with their efforts to attain higher education, such as books, childcare, tuition and transportation. In addition to providing the primary financial support for their families, eligible applicants must be enrolled in, or have been accepted to, a vocational/skills training program or an undergraduate degree program and must demonstrate financial need. Also, please note only residents of Soroptimist International of the Americas' member countries and territories are eligible to apply for the educational grants.

Interested in applying for the Live Your Dream Awards? Applications for the 2017 awards will be accepted between July 1, 2017 and November 15, 2017.

Contact Laurie at: sifremont@soroptimist.net



Robin Arnold



Gena Husman

stressed by the attack, and responded very much like a stroke victim—so we treated her as though she'd had a stroke. "The brain makes new pathways" was the encouragement offered by a friend...it was all we needed to hear to keep us going. It became our mantra.

Today, Amelia is a productive member of the five-chicken flock (number six is a rooster—he's not good for much!). She is a more reliable egg-layer than any of the other hens—in fact, since her stroke, her broody spells have disappeared. And, although she still staggers occasionally when she tries to go too fast, she gets around just fine. When she sees us outside she always runs up to the fence to greet us—we're not sure if she's looking for a treat or if she wants to come back in the house so she can hang out and watch TV.

Not everything that happened a year ago was bad—we adopted a beautiful little yellow and green parakeet that just happened to fly into our backyard last September. Although we are always aware of the birds in our immediate surroundings, he took us by surprise. Who would expect to see a bright yellow parakeet eating seeds with the sparrows and other wild birds at a bird feeder? Realizing he would not survive the winter out in the open, we tried to work out a plan to catch him. In the end, Robin managed to capture him by attracting him with seeds. The rest is history—he has a permanent place in our house—and in our hearts. We named him "Ripley." His happy chirping (read that as loud shrieking) greets us when we first walk in the door after being away for a few hours. And, he's a lot of company: he sings along with the furnace, the refrigerator, the sweeper, and running water (and anything else that makes a sound). What did we ever do without him?

And as for Willie, the little Polish rooster we captured in the dark in a condominium development in the middle of Port Clinton last September...well, he moved right in and became a permanent member of the flock. He has his moments, but overall he's sweet and gentle and takes great care and pride in watching over his small flock of five hens. In return, they seem to like

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Calendar of Events

October 2017 – Sandusky County

Thru October 31 – Haunted Hydro Dark Attraction Park. Fremont. Friday & Saturdays, 7- 11:30 p.m. Sundays, 7- 10:30 p.m. Halloween 10/31 hours are 7 – 10:30 p.m. . www.thehauntedhydro.com

1 – 5 – Special Exhibit: “Presidential Pop Culture, The Art of Influencing Perception” Rutherford B. Hayes Presidential Library.

1 – 15 – Special exhibit of “Quilt National”, Rutherford B. Hayes Presidential Library. See an array of art quilts made for Quilt National, a biennial juried competition dedicated to the promotion of the contemporary art quilt

2 – Morning Health Break, Bellevue Hospital Conference Rooms A&B, 1400 West Main St., 8- 11 a.m. Free Glucose & BP, Total cholesterol (fasting) \$10, PSA \$25, TSH \$20. For info: 419-483-4040, EXT. 6610.

3 – MOMS Breastfeeding Support Group, Bellevue Hospital 2nd Floor Conference Room, 1400 West Main St., 10:30- 11:30 a.m. .

4 & 5– Full Moon Canoe Trip, Decoy Marsh: Meet at Park District Main Office, Fremont, 6- 9 p.m. Free. Participants must register with a partner. Online registration is NOT available. Call 419-334-4495.

5 – Pottery for Pets -Pottery Perfection, 200 South Front St., Fremont. 5:30 pm. Tickets are \$45 for your pottery, food and wine. Tickets at the HSSC shelter at 1315 No. River Road in Fremont.

7– Downtown Fremont Farmers Market. Remember When Event from 9- 1 pm. There will be self-guided tours of the S.C. Court House from 9-1pm, tours of the historic jail at 11 am & 12 pm for \$3, and walking tours with Larry Michaels at 10:30 & 12 at Flag Park.

7- Bike the NCIT, Meet at Creek Bend Farm: 720 South Main St., Lindsey, 1– 3 p.m. Bring your bike and look for signs of fall. 419-334-4495 to register.

7- Slot Car Swap Meet at Fastraxxx: 2201 Commerce Dr.,Fremont. Buy, sell, trade and race. Ohio Challenge Cup rules GT1 held in conjunction on the famous American raceway. Doors open at 8 am.

7– Christy Farm Nature Preserve Barn Party, Fremont, 5- 10 p.m. For the 6th year in a row the Christy Farm Nature Preserve is throwing our annual Barn Party. FREE.

7– Branson on the Road Concert - Communities for the Arts, Clyde High School Auditorium, 7:30 p.m. For tickets and pricing information, call 419-547-0588..

8 & 21– Bird Banding, Creek Bend Farm: Wilson Nature Center, Lindsey, 8 a.m. Join Tom Kashmer, staff researcher, as he bands migrating birds. 419-334-4495 to register.

8– Harvest Festival, Green Springs, 9– 6 p.m. Start the day walking or running the Harvest Hustle 5k around the village.

10– Community Health Screenings, Free BP and Fasting Glucose Checks, Bassett’s Market, 228 West Main Street, 9- 11.

10– Diabetic Support Group, Bellevue Hospital East Conference Room. 12:30- 1:30 p.m. Free and open to the public. Topics vary by month. 419-483-4040, EXT. 4303.

12– Tales to Tails, Creek Bend Farm: Wilson Nature Center, Lindsey, 10- 10:45 a.m. Toddler to pre-school. 419-334-4495.

12– Community Health & Safety Fair, Terra State Community College Student Activities Center (Building C), 4- 6 p.m.. We will have vendors representing many health topics and services.

12– Clyde BPA Downtown Market, Birchard Public Library, 4- 7 p.m. Join us for the LAST market of the season!

12- Sandusky County Historic Jail Tour, 622 Croghan St., Fremont, 5:30 p.m. and 6:30 p.m. Ever wonder what early jail life was like? This tour answers all your questions! www.sanduskycounty.org.

13 – Dungeon Descent: An Adventure into the Paranormal, Sandusky County Historic Jail. 8 p.m. Explore the age-old mystery of what lies beyond the grave in this nighttime paranormal investigation adventure. \$25. Must pre-register for this event by calling 419-332-4470.

14-Lindsey Farmers Market, Village of Lindsey Park, corner of Main and Ash St., 9 am- noon.

14– Second Saturdays R 4 Kids, Rutherford B. Hayes Presidential Library. 11 a.m. Ages 1-12. Kids can experience what life was like in a Civil War camp. \$1 fee. Reservations by calling Dustin McLochlin at 419-332-2081, ext. 230.

14 – Dog Trick-or-Treat, Camp Fire of Sandusky County, 2100 Baker Road, Fremont. 1– 2:30 p.m. There will be contests and a trick-or-treat for dogs on our friendly trails. FREE

14– Live Pro Wrestling, The Strand Concert Theater, 220 S Front St, Fremont. 7:14 p.m. - 10:22 p.m. Kids under 7, \$6, Adults \$15 and VIP \$20. The Strand is BYOB, concessions and snacks available.

15– Farm Days, Creek Bend Farm: Wilson Nature Center, Lindsey. 1– 4 p.m. Play games, ride a horse, meet a chicken, pet a goat and have a snack! FREE. Call 419-334-4495 or www.lovemyparks.com for more info.

17– Community Health Screenings, Free BP and Fasting Glucose Checks, Hogue’s IGA, 855 Kilbourne Street, Bellevue. 9- 11 a.m.

19– Jailhouse Rock Dinner Theater, Historic Sandusky County Jail. Dinner at 5:30 p.m. . Dungeon and Gallows Exhibition Hall. \$25. Tickets can be purchased at the Sandusky County Visitors Bureau, 712 North Street, Fremont.

21– Bird Banding, Creek Bend Farm: Wilson Nature Center, Lindsey. 8 a.m. Join Tom Kashmer, staff researcher, as he bands migrating birds. Meet at Wilson Nature Center. 419-334-4495 to register.

21 - 22– Fremont Gun Show, Sandusky County Fairgrounds, 8:30 - 4:30 on Sat. and 8:30 - 2:30 on Sunday. Cost: \$5.

21– Downtown Fremont Halloween Farmer’s Market. 9 - 1 p.m. rain or shine. FREE! www.downtownfremontohio.org.

21– Dog Walks in the Park, The Woods at the Luscombe Farm, 2341 CR 213, Clyde, 10 – 11 a.m. Leashes, vaccinations and tags are required. 419-334-4495 to register.

21– 1st Annual Cruise-In State St. Rolling Car Show, Fremont. 4 p.m. at Rural King parking lot. Dash Plaques to the first 100 entries - \$10 per entry. Cruise Circuit: Rural King to Baumann Chevy from 5- 8 p.m. 419-307-4241

21 Rocktober Fest, Trailmarker Park, 301 S. Cherry St., Woodville. 5- 11 p.m. 50/50 drawing, Big Screen TV, Rita’s, & food.

22– Haunted Hydro – Friendly Monster Matinee Dark Attraction Park, 5:30 Prompt. This is a lights-on kid friendly experience.

Calendar of Events, cont’d on 7

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23- Community Health Screenings, Free BP and Fasting Glucose Checks, Bellevue Recreation Center, 8- 10 a.m

26- Community Health Screenings, Free BP and Fasting Glucose Checks, Clyde Senior Center, 131 South Main St., 10:30 -11:30 a.m.

26- Halloween Parade, starts at Central Park, ends at Railroad Museum, Bellevue, 6 p.m.

26 - Teen Pumpkin Painting, Birchard Public Library. For grades 7-12 from 6 to 8 pm. Paint your own pumpkin to take home. Free, call the children's department at 419.334.7101, extension 209 for info.

27- Evergreen Elegance Gala, Our Lady of the Pines Retreat Center, 1250 Tiffin St., Fremont. 6 p.m. Tickets are \$65 per person and the early auction viewing begins at 6 p.m. For tickets call 419-332-6522 or visit www.pinesretreat.org/evergreen-elegance

27- Nature Art: Pinecone Wreath, Creek Bend Farm: Wilson Nature Center., Lindsey. 6 - 8 p.m. Our first project will be a painted pine cone wreath. All supplies provided. \$10 fee. 419-334-4495 to register.

27- Bex Marshall at the Strand, The Strand Concert Theater
220 S Front St, Fremont. 8-11 p.m. Bex is a writer of distinction and notability, she pushes the boundaries of blues, her songs have been called timeless. The Strand is BYOB, refreshments and food are available.

28 - Car & Small Truck Tire Recycling, Sandusky County Fairgrounds, North Parking Lot. 9- Noon. There is a limit of 10 car or small truck tires. Tires are charged at 50 cents each. Racing tires are \$2. Tires are accepted on or off the rim.

28- Trunk or Treat, Fremont Rec Center, Fremont. 5- 6 p.m. Trunk or Treat is a variation on Trick or Treat where all the candy is in one convenient location!

28- Halloween Parade, Downtown Clyde. 4 p.m. Trick or Treat, Clyde, 5:30- 6:30 p.m.

28- Trunk or Treat, Ski Lodge Winery Parking Lot, Clyde, 5- 8 p.m. Visit the Ski Lodge parking lot to go "trunk to trunk" in a safe environment.

28- Trick or Treat, Bellevue, 5- 8 p.m.

28- Spooktacular in the Park after Dark, White Star Park, Barn, Gibsonburg. 6- 9 p.m. Come have a little Halloween fun as we open the "Creepy Cabin", have a bon fire and wagon rides. FREE, family fun event. All ages welcome. 419-334-4495 to register.

28- Bellevue Police Department & K-9 Fundraiser. Doors Open 6p.m. Dinner & Raffle 6:30 p.m. The Van Dells 8 p.m. Reverse Raffle with \$10,000 Top Prize, Tickets \$100 Each and Includes 2 Meals. Catering by Bone Boys BBQ. Tickets at: , Chamber of Commerce, Bellevue Beverage Center and ACE Hardware. 419-483-2182.

29- Trick or Treat, Fremont, 4:30- 6:30 p.m.

29- Trick or Treat, Lindsey, 4:30- 6 p.m.

29- Trick or Treat, Gibsonburg, 5-7p.m.

29-Trick or Treat, Green Springs, 6-7 p.m.. Costume judging at 4:30 pm followed by the parade at 5pm.

31- Community Health Screenings, Free BP and Fasting Glucose Checks, Bellevue Senior Center, 690 Flat Rock Road, Bellevue, Noon- 1 p.m.

31- Trick or Treat, Woodville, 6- 8 p.m.

31- Trick or Treat, Sorrowful Mother Shrine, Bellevue, join us for crafts, a parade, hot chocolate, donuts and cider starting a 6 p.m.



By Mike Kelly

- 1) Which of the Osmond siblings is older, Donny or Marie?
- 2) The Ohio city of Marietta was named after what member of royalty?
- 3) In the world of diners, what would be referred to by the expression "Adam and Eve on a raft"?
- 4) What does the "First Monday in October" refer to? (Hint: This isn't a sports question.)
- 5) Members of what Super Bowl-winning NFL team were once nominated for a Grammy?
- 6) Before pumpkins were used to carve jack-o-lanterns for Halloween, what vegetable was often used instead?



45 YEARS

sponsoring the

Christmas Greetings Project

To meet the healthcare needs of our community, this year's fundraiser will again support MH Foundation's Cancer Patient Needs Fund.

For donors who respond by **NOVEMBER 22**, an acknowledgment will appear in a December issue of the News-Messenger and the January issue of Lifestyles recognizing your generosity.



If you are interested in helping, please complete the form and send to the address below.

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Alys McKey Bryant: A Woman Ahead of Her Time

Born in 1880 near Clark's Hill, Indiana, Alys McKey Bryant was a woman destined for adventure from the very beginning. She was one of the first women to don bloomers and ride a bicycle. Because her bloomers were white, people around Clark's Hill and Lafayette called her the "White Flyer." A fine athlete and skilled on her motorcycle, Alys craved excitement and new experiences. In 1912, when the Bryant Brothers Airshow advertised for a woman willing to fly and give exhibitions, Alys signed on. The Curtiss biplane was so light and small, there was no room for a co-pilot. Alys had to learn to fly by verbal commands and by repeatedly taxiing on the air field.



Alys McKey Bryant helping repair Benoist Flying Boat "106"

In May of that year, Alys married aviator Johnny Bryant. The two flyers set off on a barnstorming tour throughout California, Oregon, and Washington. On July 21, Alys made her historic flight at a Vancouver British Columbia racetrack. On the opening day, she flew 700 feet, performing figure eights and dips. It was the first time a woman had ever flown in Canadian airspace. Her only instruments during the 16-minute flight were a secondhand altimeter and a watch tied to her knee. But a few days later, tragedy struck. Johnny Bryant, her husband of ten weeks, failed to pull out of a dive at Victoria. He died instantly.

Although Alys never flew again, she stated, "I never lost my interest in aviation." Indeed, she did not. It wasn't long before she was in Sandusky, working for Tom Benoist, who was operating a flight school and building "flying boats," using the locally-built Roberts Engine.

Benoist placed Alys in charge of factory operations where she supervised the construction of nearly a hundred of Benoist's flying boats. In her unpublished manuscript, "Born with Wings," Alys told how she soldered, made metal fittings, constructed wooden hulls, and sewed wing covers for Benoist's flying boats. During the winter, she and Benoist began designing a small "pursuit style" plane. She also helped Benoist train dozens of airmen. Her work, fellow aviators, and Sandusky itself, which she called the "homiest city" she had ever known, brought satisfaction. But it would not last long. The tragic death of Tom Benoist in a freak accident changed everything for Alys and for those working at Battery Park.

Following Tom Benoist's death, his brother attempted to negotiate the sale of the company. To Alys fell the task of sorting out the financial papers, invoices, schematics, and airplane parts. Sadly, the deal fell through and the company closed. Roberts Motor Company soon followed.

Alys continued to teach airmen who later became pilots in WWI. In fact, she was the only female instructor in the country. Later, she took up deep sea diving. Alys helped build dirigibles and balloons and during World War II, she was hired to work for TWA. Until her death in 1954, aviation remained Alys McKey Bryant's greatest love.

Community Gardening

By Viola Purdy/

Sandusky and Ottawa County Master Gardener Volunteer

The Master Gardener Volunteers of Sandusky and Ottawa County have partnered with the Sandusky County Commissioners to develop The Countryside Community Gardens.

Our mission is to educate the public about sustainable gardening practices and of how gardens benefit through a healthy environment by giving the opportunity to grow their own garden and gain knowledge.

At the onset we will be installing 10 raised beds which will include 2 handicapped beds. Our beginning goals include a pollinator garden, a compost area, and a parking area. We will be installing a water feature and a movable garden shed for tools. We will have many short gardening classes and hope to make this a pleasant place to visit and spend some time.

What are Community Gardens ?

Community gardens are managed neighborhood open spaces, divided into plots that can be planted with vegetables, herbs or flowers by people who don't have access to their own land. It's a way for them to have nutritious food at a low cost.

Community gardening is a valued multipurpose activity that can help with pride and self worth. Gardening is often used for therapy and rehabilitation.

A History of Community Gardens.

This is actually a new variation of an old idea. They were created years ago in response to emergencies such as wars and poor economic times. Usually though when the crisis was over the gardens were abandoned.

The first city organized gardening program was in 1893 by Detroit's mayor Pingree during an economic depression. Other cities took note and started their own vacant lot gardening programs.

In 1914 with WW1, the Liberty Gardens were used to help with food shortage.

The U.S. School Garden Army was formed to put children to work gardening. Again these gardens faded away after the crisis.

In the 30's gardening again picked up when millions of people were out of work during the Great Depression. They gardened to survive.

After 1940 people were asked to help the WW2 effort. The National Victory Gardens were formed. In 1944, 40% of food came from Victory gardens. They again died away when the war ended and fresh food came from farms.

In the 1970's ecology and the environment became important issues. Food prices soared. More people lived in cities. The Urban Gardening Program was started by the US Dept of Agriculture's Extension Service in 1977 to use some of the cities large vacant lots.

The future holds a tremendous potential for community gardens. They are now being built in areas that actually don't have access to fresh food in their neighborhoods. They are tearing down run down condemned houses and replacing with gardens. There is findings that children and teens are enjoying them and take pride in themselves for helping.

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By Kelsey Nevius

It seems like just about the time the seasons change and it turns into autumn, the winds shift again and it becomes warm again. Personally, autumn is my favorite season, and I can't wait for eighty-degree days to leave and welcome in the cool air. School has come back in full swing, much to my dismay, but it is a sign of the times as all things are and must be taken with as much positivity as one can muster. Thankfully, some summer into fall events are still brewing, many of them just a stone's throw away from my doorstep.

S.C.R.A.P in Gibsonburg at White Star Park happens every year, though I hardly have time to notice it as that's when school usually picks up again. This year, however, was a slight change from the norm when I ventured out to see how it has changed.

I hadn't been to S.C.R.A.P for many years: in fact, I don't particularly remember the last time I actually went, so it was most likely during my childhood. What I did remember was the smell that would greet you when you walked in, one in the same as the fairs: the smell of fair food, kettle corn, and the distinct smell of country air. I also remember the variety of stalls and vendors they had at the marketplace, and wanting to see all of the red and green tractors that are stationed at varying degrees around the park.

It seems my memory serves me well, as it was somewhat nostalgic going back and visiting S.C.R.A.P again. The same smells greeted me as I walked in, the same sounds of tractors in the distance and the crunch of gravel underneath my feet, that same wide-eyed wonder at what all was held in the stalls at the marketplace. They had varying food stalls, some featuring barbeque, others things like coffee and lattes, and the smell of kettle and caramel corn was irresistible (so much so that my mom and I had to buy two bags' worth of the stuff!). The same marketplace also occupied half of the park, and tractors of varying degrees of color and use occupied the other half.

The marketplace was full of chattering people looking at everything from clothing to antiques, and the tractor-filled landscape alight with potential buyers or just citizens experiencing the mood and cheer of the place. Tractor pulls and other events are always a big draw for people, and S.C.R.A.P is no different. I also enjoyed how everyone seems to take part in S.C.R.A.P: the parks district, the farmers, the citizens of Gibsonburg, everyone seems to have their own spot and own way of celebrating it.

It's always good to see so many people heading into a place I know as my home, and experiencing the same sights and sounds and smells that I do on a semi-regular basis. I feel like with the coming of S.C.R.A.P, the community shares a togetherness of farming and love of the country, which is clearly and proudly displayed during the event.

Autumn is upon us and it is not too late to join Camp Fire. Now is a great time to become acquainted with Camp Fire and become a youth or adult member, as most clubs are now beginning activities for the school year. Clubs are open to both boys and girls! If you had fun during summer camps, why not become part of our club programs!

Camp Fire offers program lessons that help youth deal with today's situations and problems. Our programs help youth make better choices, learn how to deal with peer pressure and learn what to do in situations such as bullying. Our focus is on preparing youth to become confident adults and future leaders in a pleasurable and age appropriate format.

In the month of October we have so many different things taking place on our grounds. Bring your best friend out for Doggie Trick or Treat on October 14th. October 19th Family Fun night will be fun for the whole family. We will be playing games, making a craft, and free pizza. Call for more info.

New this year are Awesome Art Camps. October 3rd will be fused glass, October 10th is paper art, and October 24th will be upcycling art. If you know any kid who is into art these are the camps for them.

To make it easier you can now register online, just go the campfiresc.org.

We would like to thank everyone that supported us by purchasing mums for this autumn! The beautiful flowers

will add a bit of spice to the changing season. Don't forget to support United



Way of Sandusky County as they started their annual campaign last month. Without the support of the United Way of Sandusky County we could not do what we do for the kids of Sandusky County.

Do you need a place to rent for a company or family holiday party! For available dates, room sizes, fees, and general information give us a call. In addition, for program information or questions about Camp Fire, please phone: 419-332-8641.

Triva Answers:

- 1) Donny was born in 1957, Marie in 1959.
- 2) Queen Marie Antoinette of France.
- 3) Two poached eggs on toast
- 4) The traditional beginning of a new session of the U.S. Supreme Court.
- 5) The Chicago Bears, for their rap song, "The Super Bowl Shuffle."
- 6) Turnips

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In Your Own Backyard

Fremont Women of the Moose Cabbage Roll Dinner—Oct.14th, Cabbage Rolls, Mashed Potatoes, Corn, and Dessert, 5pm-7pm (or till sold out), \$9, carryout's available, at the V.F.W. Post 2947, 204 Birchard Ave., Fremont, Open to Public, Pie Raffle, 50/50.

Fremont Women of the Moose Fall Craft Show—Oct.29th 10am-3pm at the V.F.W Post 2947, 204 Birchard Ave, Fremont. Local vendors showcasing their talents. Lunch will be available. Free! Open to Public. Door prizes! For more info contact Sue Wetzel at 419-559-1936.

Clyde Downtown Market Oct.12th, 4 to 7p.m. at Main and Railroad Sts. 24 VENDORS, Music, treats for kids in Halloween costumes, and martial arts demonstrations in the gazebo..

Fremont Izaak Walton League Pistol Pop up target shoot October 14, 8:00 a.m.- 1:00 p.m. Registration begins at 7:30 a.m. Bring any handgun shooting pistol ammunition (no shot shell) at least 2 magazines, eye and ear protection is a must and a lawn chair if desired. You will be shooting pop up targets at 10 to 25 yds. in random order. Cost is \$5 for 20 target presentations. Open to the public for all ages. Under 18 must be accompanied by an adult. The club is located just off S.R. 53 north of the Ohio turnpike turn left on C.R. 99 left again on C.R. 170 follow Izaak Walton signs. For more information call Larry Perkins @ 419-355-8374.

Fremont Tree and Beautification Commission is accepting nominations for their annual Halloween and Fall Decorating Contest. Please call Rick at 419 307 8924 or Bev at 419 334 9981 with nominations or any questions. As always, we are looking for new members. Our next meeting is October 3 at 6 pm at the Fremont Rec Center. Come check us out!

Clyde Halloween parade is being held, Saturday, Oct. 28, with kick-off at 4 PM from Clyde Elementary School on S Main St. Trick or Treat hours follow parade from 5:30- 6:30 PM. Entry forms for the parade can be found on city of Clyde website, clydeohio.org.

Clyde Exchange Club's annual Spaghetti dinner

is being held on November 9 at the United Methodist Church, 510 W Maple St., Clyde from 5 - 7 pm. Carry out or eat in, all you can eat with homemade desserts.

Birchard Library book sale October 11, from 5-8 for Friends of the Library only. If you are not a member, you may join that night for a small fee and partake in the sale. The sale is then open to the public October 12, 10-8 October 13, 10-5 and October 14, 9-12 with Saturday being bag day. We supply the bags, you fill them for \$3 Our address is 423 Croghan Street in Fremont.

Birchard Public Library is hosting some great programs in October for children, tweens and teens. Registration is required for all and can be made by calling 419.334.7101, extension 209.

Tweens in grades 4-6 who don't have school on Oct. 5 are invited to hang out at the library from 11-12:30 to watch a few episodes of an Anime series. Teens in grades 7-12 can hang out with fellow Anime fans and watch a few episodes on Thursday, Oct. 5 from 3- 4:30. Teen Book Club meeting on Thursday, Oct. 12 from 4-5. Pick up a copy of Leviathan by Scott Westerfield at the Children's desk and then join us to discuss the book and do other fun activities with fellow teens. Homeschooler's Book Club for grades 7-12 on Wednesday, Oct. 25 from 1-2 allows fellow 7th - 12th graders who are being homeschooled to talk about books with each other. Just bring a book to share and talk about what you've been reading lately. Teen Pumpkin Painting for grades 7-12 on Thursday, Oct. 26 from 6- 8 pm. Paint your own pumpkin to take home. Tra La La! We're having a Stink-a-riffic Captain Underpants Party for kids in grades K-6. On Saturday, Oct. 28 from 10:30-12:00, we will have cool crafts (create your own comic book) and gross games (fling the captain's underwear) and more as we celebrate literature's silliest superhero. We will NOT be viewing the movie.

SANDUSKY COUNTY POSITIVE PEOPLE'S OCTOBER POWER PACKED LUNCHEON Tuesday, Oct. 17, Sandusky County Positive People will hold their luncheon at Vanguard Career Center's Café, 1306 Cedar St. in Fremont. "Achieving the Impossible", presented by Bruce Boguski, will be the topic. Drawing from the personal experience of breaking his neck and being told he would never walk again, Bruce passionately delivers a dynamic presentation about the four crucial action steps that must be taken to achieve any goal or dream. Attendees will develop and implement confidence-building techniques that really work and learn how to change their belief system to achieve amazing success. The luncheon 11:45 a.m. - 1 p.m., is open to the public. Reservations are required by October 9 since seating is limited. Cost for the meal and speaker is \$15.00. To make a reservation, please call 419-332-1940 or email GearyJ@fnblifetime.com. Reservations can also be mailed to Sandusky County Positive People, 1409 E. State St.,

PMB 120, Fremont, OH 43420. Make checks payable to SCPP. Additional info can be found at www.scppohio.org.

The following Flu Clinics are available to Sandusky County residents and located at the Sandusky County Health Department, 2000 Countryside Drive, Fremont. The public is welcome to attend any of these clinics. All Flu Clinics are from 9am - 4pm. October 2, 16, 23, 30.

Fremont Area Women's Connection invites you to our SUNFLOWER POWER FUNDRAISER at Anjulina's Catering, 2270 W. Hayes Avenue, Fremont on Tuesday, Oct. 10, 11 am - 1 pm, \$12 (incl). Our Feature will be our Annual Fall Fundraiser to benefit Stonecroft Ministries. You may bring baked goods, autumn items, fruits, veggies, jams, soups, etc. Doors will open at 10 a.m.

Own Backyard, cont'd on 11



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for you to display your donation. You will have until 11 a.m. to shop and treat yourself. Our Speaker will be Nancy Montagna, Warren, OH. Her message is titled "From Strait Jacket to Sound Mind". . . Nancy will tell how she overcame her struggle with mental illness. For reservation to luncheon and free child care, please call before October 5, Donna 419-680-2251 or email Carrol at fawcluncheon@gmail.com

History, fun planned Oct. 8 at Grand Rapids Applebutter Fest-- Visitors to the 41st annual Applebutter Fest Oct. 8 will be treated to lots of shopping, demonstrations, food, crafts, children's activities and music in a historical setting along the Maumee River. In its 41st year, the festival annually draws tens of thousands of people to downtown Grand Rapids. Hours are 9 a.m.-5 p.m.

The historical society supports local programs such as the Rhythm on the River live music series, educational programs at Otsego schools and a summer musical at the town hall. In addition, the society publishes history books about the Grand Rapids area. Admission is free, but a \$15 per vehicle parking fee provides operating funds to keep the festival going every second Sunday in October. Free shuttles provide transportation from parking areas to downtown.

Visit www.applebutterfest.org or www.facebook.com/grapplebutterfest for more details on schedules, the locations of festival parking lots and updates.

PONTIFEX QUARTER FRENZY: Thurs., Oct. 19 at Pontifex, (The Old Post Office) 416 West State St., Fremont. Doors open 5:30, Quarter Frenzy starts at 6:30. Food is available for purchase.

Pontifex Glow Run/ Walk 5K (STOMP OUT HUNGER) Sat., Oct. 28 at 8 p.m. Come out for a night of fun, following glow lit path wearing your favorite costume. Family friendly strollers and wagons permitted. We will also have a DJ, Aaron Rodriguez. Awesome skeleton trophies. www.pontifex.com

Sandusky County Prostate Cancer Support Group (previously known as Man to Man) meeting will be held Wednesday, Oct. 25 th at 7 p.m. at Pro Medica Memorial Hospital (in the Chestnut Café) A Guest Speaker will be presenting a program, also will be a time of private group discussions. Meetings are free and wives or significant others are encouraged to attend. Refreshments will be served. For more info, contact Beverly Hart RN at 419-547-8273 or Ken Missler 419-559 1171.

Fremont Ross Music Alumni Foundation

Fremont Ross Music Alumni Foundation will induct Gail Ritchie, Caleb Damschroder and Pam Meggitt in this year's Fremont Ross Music Department Hall of Fame Gala.

Ritchie is a 1966 graduate; she currently plays in the Terra Chamber String Ensemble.

Damschroder graduated in the class of 2001; he is now an actor, composer and lyricist with Broadway appearances.

Meggitt is a retired Fremont Ross teacher who was involved in school musicals.

Marching band alumni and Hall of Fame activities are the weekend of Oct. 19, 20 and 21. If you have a current mailing address on file with FROMALUM, details are in the newsletter that was mailed in mid-September.

Here's what to look for this year:

Oct. 19: 7 p.m. Music rehearsal in Ross High School band room for Alumni band.

Oct. 20: 4:30 p.m. Alumni band rehearsal at the practice field at Ross High School. The alumni will march with the band to Don Paul Stadium, where they will participate in the pregame and halftime shows.

Oct. 20: About 8 p.m. Pre-Gala Party begins at Live Edge Center, 115 S. Front St. This is an informal gathering with inductees and alumni. Cash bar will be open; finger foods served, donations accepted. Those who plan to attend the reception are asked to email fromalumni@gmail.com.

Oct. 21: 11 a.m. FROMALUM will hold its annual membership meeting at Fremont Middle School. If you are interested in working on alumni and hall of fame activities, this is an opportunity to get involved.

Oct. 21: 5:30 p.m. Music Hall of Fame Gala event begins at Fremont Middle School with a dinner, silent auction and formal presentations. Tickets must be purchased by Oct. 9, the cost is \$30. To order tickets, email fromalumni@gmail.com.

To join in conversations about music department memories, look for "FRoMAlum" on Facebook.

*The Old Fashioned Garden
I want the old-time garden,
The dear sweet-scented flowers,
With yellow bees a-buzzin'
Through all the peaceful hours.*

*Low pinks and bouncin' – betties,
An' marigolds in rows,
Wee, snowy, sweet alyssum,
An' dainty button rose.*

*White phlox like girls in weddin' clothes,
Red poppies swayin' light,
And perky, gay snap-dragons
In velvet coats delight.
Alice E. Ives, Author*

Hi readers, yep it's me. Couldn't resist a different way to start my column this month. I titled Grandmother's Garden, The Old-Fashioned American Garden 1865-1915. I was looking through my books to identify an "end of the season" perennial plant I had gotten from a 'please rescue me' rack. Its ID tag was gone and the pot only had its' botanical name which I didn't recognize. So, out came the flower resource books. Three very pleasant hours later, I had the plant identified, my flower loving soul satisfied and could hardly wait to go dig in the dirt one more time.

Grandmother's Gardens have left quite a legacy---By 1915 the horticultural innovations developed in grandmother's garden had become part of the working vocabulary of professional landscape designers as well as amateur gardeners all across the country. Gardening ideas we view as up-to-the minute today can be traced to American gardeners before 1900 who had been freed from rigid ideas about what gardens ought to be by

the gentle revolution of grandmother's garden. The enclosed garden room of today was actually grandmother's outdoor parlor. Intensive gardening in raised beds had been practiced in America since colonial days and was continued in the plank or box-bordered beds of grandmother's garden.

American garden literature in the fifty years between 1865 and 1915 is amazingly rich, not just in what it tells about American gardening, but in what it reveals about the writers themselves and the period in which they lived. Much of it was written by women in a first-person voice that is both assessable and often very moving-something a 'how-to-do' manual can never match.

Speaking of gardens---what's going on at The Old Garden House, you ask? At this writing we're into 4th grade class visits for Pioneer Days; on the 8th of October we're hosting our fall Pass-Along-Plant day from 1 pm to 3 pm; "Tea at Two" will be served at 2 pm on Tuesday, October 31, when the guest speaker, Kent McClarey will visit with "More Ghost Stories". We have 28 registered and we can take four more.

So, until next month, enjoy the fall weather---go to a football game---jump into a pile of leaves with your kids and bake a pumpkin pie to celebrate the fact that LIFE IS GOOD.

Ms. Grace is the owner-manager of the Old Garden House. She is the mother of eight grown children, has 16 grandchildren and 7 great-grandchildren. She has over 45 years of "hands in the dirt" experience with flowers which she loves with a passion second only to her love for people – especially children.

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My Mother's Recipes

By Joanne McDowell

For those of you who tried Kandy's Philly Cheese Steak Sloppy Joes last month and loved them, here is another recipe she has shared with me. Enjoy!

Steak Spaghetti:

6-8 oz. cooked spaghetti, drained
2 T olive oil
2 medium zucchini sliced thin
1 1/2 # round steak sliced thin
1 pt. cherry tomatoes quartered
1/4 C Zesty Italian dressing

Quick fry the steak in 1 T olive oil until browned, remove from pan. Sauté zucchini in rest of olive oil in same pan. Return meat, add spaghetti and salad dressing, heat through, toss on cherry tomatoes, serve.

Out to Lunch

By Lynn Urban



IronWood Steakhouse

I had been hearing about a steakhouse restaurant on the radio that was located at the Mohawk Country Club in Tiffin, so of course I wanted to check it out. I didn't know what I was walking into, but was not disappointed. The remodeled club house is gorgeous with a free standing fireplace in the center and an upscale bar area. There is a beautiful view overlooking the private golf course. The classy dining room is comfortable for a quiet evening out. The service was excellent and the staff was very attentive.

Steaks are their specialty, cut from only the highest quality of beef, in fact all of the seasonal fresh produce is from local farms.

We started out with an appetizer of melted mozzarella cheese, served with pesto, homemade tomato jam and grilled sourdough bread. Delicious! Next for the meal, I had perfectly grilled salmon over black pearl rice, corn and charred cherry tomatoes. Kim had a filet mignon that was superb with homemade garlic mashed potatoes. I also had the house salad, consisting of a mix of greens, dried cherries, feta cheese, almonds, with balsamic vinaigrette. Everything was amazing.

All sides and salads are ala carte. This is not an inexpensive restaurant, but it is not unreasonable for the wonderful food, atmosphere and excellent service.

The menu is listed on their website, but prices aren't. I believe the steaks ranged anywhere from around \$25.00 to \$50.00. A sandwich and appetizer menu is served in the bar area.

If you are looking for a nice place for a special occasion, a Saturday night out, or possibly homecoming, this would definitely be it.

There is info on their FB page; <https://www.facebook.com/ironwoodtiffin/>



"Grate" Treats & Eats

By: Chris Timko-Grate

Hope everyone is enjoying this beautiful fall season. The weather, just like our summer, has been wonderful, great for outdoor fires in our fire pit and still great for grilling out. We are also enjoying all the outdoor fairs and festivals! And we especially like the farm markets that are just full of fresh fall vegetables and fruits. We used to plant a garden every year but with all the markets so close by, why bother with all the work that it requires tending to a garden? Plus our knees can't take the crawling around a garden when planting and pulling weeds!

The recipes this month are going to use a couple of those vegetables – Apples and Sweet Potatoes. One side dish and one main dish. Enjoy them both and if you have recipes to share, please send them, I am always looking for new ones.

Sweet Potato and Apple Bake

6 medium sweet potatoes
2 or 3 apples
1/4 cup butter or margarine

1/3 cup brown sugar

1 Tablespoon flour

1 teaspoon salt

2 tablespoons orange juice

Cook sweet potatoes until soft

Peel and cut in half lengthwise

Peel and slice apples

Combine remaining ingredients. Layer ingredients in casserole making first a layer of potatoes, then apples, then half of the orange juice mixture. Repeat, topping with remaining orange juice mixture.

Bake at 350 degrees for one hour.

Sausage and Apple Casserole

1 1/2 pounds link sausage cut into small pieces or

1 1/2 bulk sausage rolled into small balls

4 medium apples pared and sliced

3 medium sweet potatoes pared and sliced

1/2 tsp salt

1 Tbsp. flour

2 Tbsp. sugar

Fry sausage, saving drippings. Combine salt, flour, and sugar.

Arrange sausage, apples, and potatoes in layers in a casserole dish. Sprinkle some flour mixture over each layer. Top with a layer of sausage. Sprinkle casserole with one tablespoon sausage drippings. Cover tightly. Bake at 375 degrees for 1 hour.

*Quote of the Month: Smile...it adds to your face value. Author unknown. Isn't that the truth!

Any questions or your favorite recipes you would like to share contact me at:

christimkorate@roadrunner.com

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In the shadows of our horrific heroin and opiate epidemic lurks teen binge drinking

By Robert Morton, M.Ed., Ed.S.



Robert Morton

Sandusky and Ottawa county authorities are aware of the heroin and opiate abuse epidemic and are doing their best to combat it. In the shadows of this horrific scourge that is ruining the lives of many, parents are concerned about the abuse of alcohol among their teen children.

Studies show that eight percent of eighth graders, 16 percent of sophomores, and nearly 25 percent of seniors drink five or more drinks (binge drink) on the same occasion. Unfortunately, about 5,000 youth under 21 die every year from car crashes, homicides, and suicides due to underage drinking (U.S. Surgeon General).

The Center for Disease Control released a report that showed one in five high school girls engaged in binge drinking. In the report, they defined binge drinking as a female consuming four or more drinks on a single occasion (for males, binge drinking is consuming five or more drinks in one sitting). Interestingly, binge drinking has declined among boys for the past 10 years, yet has remained unchanged for girls over the past 15 years!

Here's a quick test to determine if your teen is abusing alcohol. As a school psychologist, I frequently used it during interviews with pre-teens and teens to determine the extent of their alcohol abuse. This questionnaire opens opportunities for discussion as well. It is titled the "Who Me?" interview (John Hopkins) and is a good source for parents to use with teens and college students:

- Ever gotten into trouble at school or work because of alcohol?
- Ever been in trouble with the police because of alcohol?
- Do you drink to feel more relaxed around others?
- Do you drink to forget your worries?
- Do you drink to relax when you feel tense and nervous?
- Do you sometimes get drunk when you didn't really intend to?
- Do you ever drink before going to a party?
- Ever had a drink in the morning?
- Do you ever worry about your use of alcohol?
- Ever gotten into an argument or fight when drinking?
- Ever had times you cannot remember what happened while you were drinking?
- Ever felt guilty or "bummed out" after drinking?
- Ever turn to an inferior environment since using alcohol?
- Are you sometimes overwhelmed with feelings of loneliness or despair?
- Ever promised yourself that you would cut down on the use of alcohol and failed to keep that promise?

If your teen answered "Yes" to any five questions, an alcohol abuse problem exists. Get help for your teen, now! "Yes" to any four questions means there is a strong probability that usage is causing problems in your child's life.

I hope you can go over these questions with your teen and wish you the best!

Robert Morton, M.Ed., Ed.S. has retired from his positions as school psychologist for Fremont City Schools and adjunct professor in the School of Leadership and Policy Studies at BGSU. He authors the book "Finding Happiness in America" (Amazon.com books).

"What Happens in Court When Young Teenagers are Accused of Serious Crimes?"

By Timothy Braun, Sandusky County Prosecutor

A 14- year- old was recently charged with shooting and killing another 14- year -old in Sandusky County. This is a tragic event that is still under investigation. Our community is saddened by it and many have questions about what happens in the court system when those involved are so young. This is what happens, in general, when teenagers are accused of committing serious crimes in Ohio.

Most juveniles will have their cases resolved through the Juvenile Court system. This system functions to impose appropriate consequences and help rehabilitate youthful offenders. The process begins with an initial appearance before a judge where the child's attorney is entered into the record or the court appoints one if their family cannot afford it. The judge will then decide whether to release the child or hold him/her until their case is resolved in juvenile court.

There are times, however, when Ohio law requires the transfer or "bind over" of a juvenile to Common Pleas Court where they will be tried as an adult. They must be at least 14- years- old for this to happen. Examples include when a 14 or 15- year- old is charged with murder or aggravated murder and has previously been sentenced to the Department of Youth Services (DYS) or when 16-17- year olds have been in DYS before and commit a 1st or 2nd degree felony with a firearm. Bind overs are based on the belief that these individuals will not be helped by the juvenile court rehabilitation process and public safety requires that they be tried as adults.

In bind over cases, the next step after an initial appearance in Juvenile Court is a "probable cause" hearing where the attorneys involved present evidence regarding the charges. The Juvenile Court judge then decides if there is probable cause to believe the juvenile committed the crime.

If probable cause is established, the juvenile remains in custody and the court schedules an "amenability (to rehabilitation) hearing." At this hearing, multiple factors are discussed that might impact the ability of the juvenile to be rehabilitated. These often include the age of the accused, any prior criminal history, psychological or medical issues, likelihood of rehabilitation, use of a firearm, age of and harm done to the victim and risk to the public's safety. The law also allows the prosecutor to request that a juvenile be tried as an adult based on the facts of a particular case.

The judge then rules as to whether an individual can be tried in Juvenile Court or should be tried as an adult. Those who are convicted in juvenile court can potentially remain in custody until their 21st birthday. Juveniles convicted in the adult system can be given lengthy prison sentences but are not eligible for the death penalty in aggravated murder cases.

Shelter Tails

By Joanne McDowell

These two gorgeous dogs need your help. Baby, a female 3-year-old German Shepard, and Macie, a female 3-year-old Labrador mix were both rescued from a situation of neglect and have come to the HSSC heartworm positive.

Heartworm disease is a serious and potentially fatal disease in pets in the United States and many other parts of the world. It is caused by foot-long worms (heartworms) that live in the heart, lungs and associated blood vessels of affected pets, causing severe lung disease, heart failure and damage to other organs in the body. The dog is a natural host for heartworms, which means that heartworms that live inside the dog mature into



adults, mate and produce offspring. If untreated, their numbers can increase, and dogs have been known to harbor several hundred worms in their bodies. Heartworm disease causes lasting damage to the heart, lungs and arteries, and can affect the dog's health and quality of life long after the parasites are gone. For this reason, prevention is by far the best option, and treatment—when needed—should be administered as early in the course of the disease as possible.

The medication used to kill adult worms is powerful and killing the worms causes pieces of dead worm to be passed into the dog's bloodstream and can cause problems in itself. Increase in physical activity causes the heart to beat faster and the blood to pump harder. Therefor during the course of treatment it is extremely important to keep Baby and Macie calm and to restrict exercise.

The Humane Society has started the treatment for these two beautiful dogs, it is a long, strenuous and expensive journey, costing the shelter \$1100 for each dog. We are asking for help to pay for their treatment and also looking for foster homes for each dog.

If interested in donating please send a check to the shelter 1315 N River Rd Fremont OH, 43420 and include Baby & Macie in the memo line. You can also donate through our Facebook page with the Paypal link or the donation button. If you are interested in fostering, please call (419) 334-4517 or visit the shelter for more information.



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Dear Cathy,

We live in Wisconsin, but would love to care for someone's dog from Hurricane Harvey until they get back on their feet. We have a two-year-old white German Shephard who is great with kids and other dogs. Please let us know how we can do this. - Paul and DeAnne O., Wisconsin

Dear Paul and DeAnne,

It's very nice of you to want to help hurricane victims with their pets. When people are forced to evacuate their homes, they want to take their pets with them, but human shelters don't always accept pets. South Texas animal shelters learned these lessons after Hurricane Katrina and now line-up foster families and establish temporary shelters to take care of people's pets while families are displaced from their homes.

Sadly, some people are so overwhelmed or are displaced for so long they end up giving up their pets at some point. After a disaster, however, foster families play a vital role in caring for these pets for longer, which is comforting to displaced families who don't want to have to lose their pets too.

While I am not sure how you can foster a pet from so far away, you can call your local shelter to see if they are helping the region. The Humane Society of the United States has flown hundreds of dogs and cats who were strays or waiting for homes in Texas shelters (not people's pets) to animal shelters in Oregon, Washington, and New Jersey to free up space in shelters impacted by the hurricane to make room for more pets in need. Maybe your local shelter can take in some of the stray and homeless pets from the hurricane affected region that needs homes.

You can also donate to animal shelters in Houston, Beaumont and south Texas impacted by the storm - or animal shelters in San Antonio, Austin and Dallas who are providing direct care to evacuee pets. If I hear of any shelters looking for out-of-state foster families, you will be the first to know.

Dear Cathy,

My four-year-old male orange tabby cat has a taste for weird stuff. He eats plants, but particularly loves pineapple leaves. If he gets out, he'll run to eat grass and whatever plant he can find. I can't keep live plants in the house. Even worse, he eats strings and fabric, including my bathing suit straps and the fringes on my oriental rugs. I'm worried he'll wind up with an intestinal blockage. He's on a urinary diet and is only supposed to eat his special food. Any ideas? - Linda L., Florida

Dear Linda,

Cats lick and chew and suck on items for a variety of reasons. Some cats may have been weaned too early; some may

have a deficiency in their diet; and some may have an underlying health problem, like feline immunodeficiency virus (FIV). Some cats may even have developed an obsessive-compulsive behavior.

Eating a little grass is normal for most dogs and cats. Eating a lot of grass could indicate a health problem. Always rule out a health problem first before addressing something as a behavior issue.

If your cat has a clean bill of health, begin removing things your cat likes to eat from his environment. For example, hang wet bathing suits on a shower rod and keep dry bathing suits in drawers. Get the pineapple plant out of reach. The leaves have low toxicity levels, and can cause digestive problems for your cat.

Next, spray items, like the oriental rug fringes, with either Bitter Apple - a proven product that keeps both dogs and cats away. If the scent doesn't thwart your cat, apply SmartCat Sticky Paws (available on a roll at pet stores) across the fringes until your cat kicks the fringe-licking habit.

Also, get rid of all potentially dangerous houseplants. Search online for the ASPCA's "Toxic and Non-Toxic Plant List for Cats" to see what's safe to have in your home. Then, place houseplants that aren't dangerous out of reach. You can also spray the product Bitter Apple directly onto the leaves of your houseplants to keep your cat away. Give your cat something to chew on by growing catnip or cat grass in a container in the home.

Finally, build in two 10-minute play sessions a day with your cat. Inside cats rarely get enough physical or mental stimulation and some develop obsessive behaviors, like licking and chewing strange things or even licking the hair off their belly, as a result. Keep your cat busy to reduce that anxiety-driven behavior.

(Cathy M. Rosenthal is a longtime animal advocate, author, columnist and pet expert who has more than 25 years in the animal welfare field. Send your pet questions, stories and tips to cathy@petpundit.com. Please include your name, city, and state. You can follow her @cathymrosenthal.)



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You Call That Justice?

By Dr. Paul Silcox

As most of you know my son became one of Ohio's statistics in 2016 relative to a life lost as a result of epidemic of accidental deaths due to Opioids and heroin. In his case it was heroin that was laced with Fentanyl. Two weeks after my son died a man was arrested in Fremont and when picked up he had \$19,000 worth of heroin in his possession, along with \$3,000 cash and the tools and instruments of the trade that are used to distribute poison substances. In my mind, I jumped for joy and proclaimed "Yeah, get 'em boys".

I had waited for months to see what was going to happen at the trial of Marvin McNeary and to see whether or not enough evidence had been gathered to be able to possibly charge him with aggravated manslaughter. Last month I had just gotten back from a vacation and I was reviewing the newspapers that had been published while I was gone. In the August 21 issue of the News Messenger there was an article about the conviction of McNeary. It told of how McNeary had been convicted in 2010 of drug trafficking in Michigan and had served two years in prison. Now four years later he's arrested in Ohio with the cooperation of Seneca and Sandusky County's Drug Task Force. He was tracked here in the wake of a number of overdoses that took place in the fall of last year.

Earlier this year the residents of Sandusky County let their voices be heard that they are fed up with the proliferation of drugs and the damage that they cause a levy was passed to fund the Criminal Justice Services, a.k.a. Sandusky County Drug Task Force. With that levy, the County commissioners, Sheriff, all Sandusky County Police Chiefs and mayors, County Prosecutor in the Drug Task Force, have pledged to take a stand and fight back against this epidemic.

However, the judge who replaced Judge Barbara Wilson was already scheduled to be on vacation on the date the McNeary trial was to take place and a visiting retired judge heard the case. Just as I finish writing this, I found out that the initial charges brought against McNeary weren't adequate to get a longer sentence. As I read the article I could feel my stomach turning flip-flops as I read about his earlier arrest and conviction, which obviously did nothing to rehabilitate. I was infuriated to read that he had only been sentenced to five years for this 1st degree felony conviction, which was a second offense, and I learned later that the nine months he had already spent incarcerated was applied towards that five-year sentence.

I have talked to numerous city and county officials and every single one has reported that they, like me, felt that they'd been slapped in the face and punched in the gut. So my answer to the question posed in the title of this article is . . . No, I don't call that justice. As a father who buried his son and has seen the devastation over the last eleven months it almost seems like somewhere in the legal system, incompetent naivety, dereliction of duty or just not really giving a damn is the order of the day. With a new team of local policy makers, law enforcement, new blood in the legal department and drug task force, I do see that the death numbers are down, so hopefully a new day is coming.

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Girl Scouts is the best girl leadership experience in the world, period. Only Girl Scouts offers hands-on, girl-centered learning in STEM, the outdoors, and entrepreneurship, plus tons of opportunities to develop important life skills. And the best part is, girls get to lead their own adventures and work with other girls to choose the exciting, hands-on activities they want to do!

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This means that a troop that loves rollercoasters might invite an engineer to join them at an amusement park to explain how they work, while another troop might visit a recycling plant to find out what happens after they recycle a bottle. With us, there's something for everyone, and she'll discover what things she loves to do so she can do more of them!

Girl Scouts helps girls take the lead early, and often – when she's a Girl Scout, she's a G.I.R.L. – a Go-getter, Innovator, Risk-taker, and Leader. The proof is in the numbers: In the U.S., 90 percent of female astronauts, 80 percent of female tech leaders, 75 percent of current senators, and 50 percent of female business owners are Girl Scout Alumnae!

Girl Scouts is open to all girls from kindergarten through grade 12, and anyone over the age of 18 can become a Girl Scout volunteer. Membership for girls and adults through September 30, 2018 is \$25. Financial aid is available to cover her dues, thanks to our generous donors, for those who qualify.

Are you ready to invest in your girl's future? Visit www.gsneo.org/join to find a troop today!

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ANNOUNCEMENT

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